his type 1 diabetes information

is for school entities and nonpublic schools to provide to parents and guardians of incoming elementary school students and students entering grade six, beginning with the 2025-2026 School Year.

Type 1 diabetes in children is an autoimmune disease that can be fatal if untreated, and the guidance provided in this information sheet is intended to raise awareness about this disease.

Type 1 diabetes can appear at any age, but it generally appears at two noticeable peaks. The first peak occurs in children between 4 and 7 years old. The second is in children between 10 and 14 years old (Mayo Clinic).

Normally the body turns the carbohydrates in food into glucose (blood sugar), the basic fuel

The pancreas makes insulin, a hormone that moves glucose from the blood into the cells.

Over time, glucose can reach dangerously high levels in the blood, which is called hyperglycemia.

Untreated hyperglycemia can result in diabetic ketoacidosis (DKA), which is a life-threatening complication of diabetes.

It is recommended that children